

# Wild Life Conservation

## << -Birds Houses - >>

Birds play a dynamic role in nature. Anywhere we go in the world, birds play a critical role in the ecosystem. Many birds are important in plant reproduction through their services as pollinators or seed dispersers. In fact surveys have proved that being in the company of birds has improved mental health for humans.

The most critical threat is the destruction and fragmentation of bird's habitat. Human activity is the greatest cause of bird extinction around the world. Climate change has also caused bird extinction. Most native bird species are losing their homes, even the ones you see every day. This is a threat for birds to go extinct. Conserving them is very important. According to National Geographic our bird population is on decline. The threats are varied and concerning. We know that bird's habitats are eliminated by human expansion.



We can protect their numbers by working with the eco-structure to create a harmonic balance between man and the birds.



One of the solutions, which I would like to put here, is 'bird houses'. Providing a simple nesting place gives them a safe place to live to keep their numbers strong.

It doesn't matter where you live – In an apartment, townhouse or individual house, in the city, suburbs, or country. You can build a

bird house as you like. All it takes to get their attention is water, food and a place to build a nest.

### **Importance of bird house**

Bird houses are often called nesting boxes because they provide a safe place for birds to build their nests, protected from the elements and predators. In winter months, they give visiting birds a place to snuggle together for warmth away from the cold air. Bird houses play a vital role of the conservation of birds especially those living in cities. It serves as a location of nesting and resting.

### **Key factors for a successful bird house**

- Select good nesting location
- Pick proper birdhouse design
- Check the entrance hole

- Hang the birdhouse at the right height.

### **Benefits of birdhouse in a backyard**

- **Pest control** – Birds eat insects and help to eliminate unwanted pests in your yard so we don't have to use harmful pesticides.
- **Weed control**– Birds love to eat weed seeds.
- **Conservation** – Birds love native plants. Our gardening chore will diminish if we have birdhouses in our yard.
- **Flower pollination** – Birds help to pollinate and this can benefit our garden.
- **Education** – Observing birds in birdhouses is a beautiful opportunity to study local wildlife and attracting birds all year round gives us the chance to see feeding, migration and nesting. It is a great way to introduce children to wildlife enjoyment and appreciation.
- **Wildlife Conservation** – As more habitats become threatened through development, attracting birds to our Bird Houses provide a critical oasis for birds and wildlife conservation.
- **Stress Relief** – Watching birds, interacting with them, taking the time to work in improving their habitat can help relieve stress and promote well-being.



### **My love for Birds**

Birds simply touch all our senses and remind us to enjoy the day. In return, we build them another bird house and them.

Hang a Bird House, build a Bird House, add a feeder or bird bath and enjoy a beneficial two way relationship between you and birds. In this way, we are helping to maintain the balance of nature within the environment. We help to contribute to the continuation of their species. It is these little things which make the biggest difference.

### **My suggestions for spreading awareness about Bird Houses**

- In schools, I would love my Art teachers to conduct Bird House Project tutorial for all students and other teachers.
- All schools should create awareness among the students about the lack of certain birds in our country. Eg, depleting number of sparrows owing to concretization.



**My DIY Bird House**